WHEN IT'S NOT ASTHMA: CASE STUDIES IN THE ASSESSMENT AND TREATMENT OF ILO

ASHA **CE** APPROVED PROVIDER

Pennsylvania
Speech-Language-Hearing
Association

Introductory Level

.1 ASHA CEUs

CARI TELLIS PHD, CCC-SLP

Learning Objectives:

- Participants will be able to discuss central themes underscoring current best practices in voice therapy for client with Inducible Laryngeal Obstruction.
- Participants will be able to identify challenges and solutions related to case-based scenarios in assessment and treatment.
- Participants will be able to develop practical approaches for integrating evidence-based decision-making into various voice cases.

NAVIGATING UNCHARTED WATERS
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Course Abstract

Inducible Laryngeal Obstruction (ILO) is a complex airway disorder that affects breathing and voice, and also causes emotional distress in individuals diagnosed with this disorder. In this interactive presentation, the facilitators will introduce key themes drawn from best practice models, including respiratory retraining, voice therapy, motor learning, and autonomic nervous system regulation. Facilitators will then guide case-based discussions focused on working with clients with who have ILO. Participants will have an opportunity to consult and collaborate on their own cases, and/or gain insights on general best practices in the assessment and treatment of ILO. The session will emphasize shared learning and reflection, allowing attendees to exchange insights and develop actionable ideas for improving clinical practice within their own workplaces.

Speaker Bio

Cari Tellis, Ph.D., CCC-SLP, a professor in the Speech-Language Pathology Department at Misericordia University, has presented at state, national, and international conferences. Dr. Tellis has received grants for research in voice science and has published in peer-reviewed journals. She is an editorial reviewer for scholarly publications within her discipline.

Speaker Disclosures

Cari Tellis, Ph.D. is a Full, Tenured Professor in the Speech-Language Pathology Department at Misericordia University.